# Welcome Back to School

Nutri-Serve is excited to start another year at Lindenwold School District. We are looking forward to seeing your smiling faces, and we have a few important updates for the 2023-2024 school year.

## Why choose school meals?

School meals include nutritious foods including fruits, vegetables, lean proteins, milk, and whole grains.

Consistent exposure to a wide variety of foods not only encourages students to try something new, but also helps build lifelong healthy habits and a positive relationship with food. School meals are also a great value.

Each lunch meal comes with a PROTEIN, GRAIN, FRUIT, VEGETABLE, & MILK. Breakfast comes with a GRAIN, PROTEIN/GRAIN, FRUIT, & MILK. Students must take at least 1 serving of fruit or vegetable, but can select up to 2 servings. Where else can you find that kind of deal?

All five schools participate in the Breakfast After the Bell program.

Your child will be offered a **FREE** student breakfast that will be served during homeroom each day.

Breakfast comes with a **GRAIN**, **PROTEIN/GRAIN**, **FRUIT**, & **MILK**.

#### Where can I find the menus?

Nutri-Serve uses digital monthly menus to make it easier for you to connect with all the information you need about your school meals including ingredients, nutrition information, allergens and more.

The monthly menus are posted online through SchoolCafé
You can find them on the school website under
Parents Resources—Food Services—click on Monthly Menus or go to:
www.schoolcafe.com/lindenwoldpsnutriserve
You can even download the app too! Just go to App Store—Search SchoolCafe—Lindenwold PS School

### Remember to fill out a new 2023-2024 School Lunch Application!!

We encourage all parents and guardians to complete a new 2023-2024 Application for Free and Reduced Price School Meals prior to the first day of school. Please visit the district school website to fill out an online application today!!

What if my student has a food allergy or other special dietary need?

We take food allergies and other special dietary needs very seriously and work with you and the school nurse to provide a safe meal to your student. If your student has a food allergy or other dietary need, please let your school nurse know prior to the start of the school year so that an appropriate plan can be put in place. If your student is diagnosed with a new food allergy or dietary need throughout the course of the school year, please update the school nurse as soon as possible.

2023-2024 Meal Pricing

Breakfast after the Bell Free Breakfast

#### Lunch

Regular: \$2.10

For your convenience, online
prepayments are possible using the
site www.payschoolscentral.com
with your child's student ID. Cash can
be applied to your child's account by
any cashier or dropping off payment
to the BOE office.

Wishing you a happy and healthy school year!

